

The Benefits of Kangen Water

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People are sick all the time. Everywhere. Most Americans don't know a day when they're not sniffing or coughing, or maybe sore from ascending too many stairs the day before. What if there was a solution to this continual unhealthiness of our bodies? Well...there is!

Introducing--Kangen Water!

Kangen Water is alkaline. As you probably know, alkalinity is good for our bodies. In fact, when a body isn't alkaline, it is acidic, and that makes it sick and sore. So what you need to do is buy a machine that generates Kangen Water. It is about the size of a toaster on its side. Kangen Water is alkaline and ionized. There are other machines that produce alkaline water, but they do not make medical-quality water like the SD-501 made by Enagic. Not only does this machine produce good, easy-to-drink, alkaline water, but it green! Besides three drinking waters, it makes Beauty water which has a ph of 6.0, the same as your skin and is very good for your skin. It also makes Strong Acidic water that disinfects and has a ph of 2.5. Because it is water, it does not hurt you. When my sister had Pink Eye, we sprayed it in her eyes and the water cleared it right up. At the same time it makes the Strong Acidic water, the machine makes High Alkaline Water. This water has a ph of 11.5 and one of its many attributes is cleaning food like fruits and veggies. My mom will not let any tap water touch our food. She soaks all the veggies and fruit in the High Alkaline water for a little while before she'll let us eat them!

So, going over the different waters this Kangen Machine makes, we see that it makes High Alkaline, Strong Acidic, Beauty, Neutral (7.0), and three drinking alkaline waters--8.5, 9.0, and 9.5. That is seven kinds of water. The drinking waters remove the toxins from your body and make it alkaline. In doing that, it heals you and builds your immune system. This is something that every person should have at their kitchen sink!

